

**Camp Ch-Yo-Ca**  
**Sample Junior and Day Camp Sessions**

7:15	Wake Up / Cabin and Bath House Clean up
8:00	Breakfast then return to clean cabins
8:30	Day Campers Arrive
8:45	All together Bible at Campfire
9:30	Morning Rotation 1
10:10	Country Store
10:30	Bible Class In Chapels
11:10	Morning Rotation 2
11:50	Mail Call
12:00	Lunch
12:45	Cabin Forum
1:30-3:00	Girls' Swim Boys' Crafts and Boys' Recreation
2:45-3:00	Boys Country Store
3:00-3:15	Girls Country Store
3:15-4:30	Boys' Swim Girls' Crafts and Recreation
5:00	Day Campers Leave
6:00	Supper
7:00	Night time Activity/Country Store/ Campfire
10:00	Lights Out

**Tri-Schedule** – The Tri-Schedule is the rotation assignments of our Junior and Day Camp campers. Cabins are divided into three groups based on age and supervision need. Each group will rotate to different areas of the camp for different activities.

**Morning rotation** – activities include boating, fishing, archery, gym games, field games. Everyone will get an opportunity to do all the activities during these rotations through the week

**Country store** – snack time

**Camp Ch-Yo-Ca**  
**Sample High School and Middle School Schedule**

8:00	Wake Up / Cabin Clean up
8:45	Breakfast
9:15	Lakeside Bible class
9:35	Selah
10:05	Cabin Bible
10:40	Country Store
11:00	Morning Activity #1
11:45	Morning Activity #2
12:40	Mail Call/Prepare for lunch
1:00	Lunch
1:45	Cabin Forum/Practice skits
2:45-3:45	Girls' Swim
	Boys' Crafts and Tournaments
3:30	Boys' Country Store
3:45	Girls' Country Store
	Girls' Crafts and Tournaments
3:45-4:45	Boys' Swim
5:00 -6:00	Tournaments/camper staff games
6:00-6:30	Villages to work on skits/clean up for supper
6:30	Supper
7:15	Lakeside singing
8:00	Night time Activity

**Selah** – Personal quiet time. Selah is a musical term in the Psalms that means pause.

**Morning activity** – these are elective times that you get to choose from. Some activities may include Frisbee golf, singing, art, sports, drama, etc.

**Tournaments** – you have the option to form a team and sign up for different tournaments that include ping pong, sand volleyball, 3 on 3 basketball. Etc.

**Nighttime activity** – this includes both fun games and spiritual activities we do each evening